

夏休み期間スポーツプラザ予定表 (ファミリーTime)

*プラザ予定は変更する場合がありますので
確認のうえご利用ください。

(公財)尼崎市スポーツ振興事業団
中央体育館 TEL 06-6413-8171

| 7月 | | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
|----|---|------|-------|-------|-------|-------|--------------------------|-------|-------|-------|-------|-------|-------|-------|
| | | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| 9 | 火 | | | | | | | | | | | | | |
| 10 | 水 | | | | | | | | | | | | | |
| 11 | 木 | | | | | | | | | | | | | |
| 12 | 金 | | | | | | | | | | | | | |
| 13 | 土 | | | | | | | | | | | | | |
| 14 | 日 | | | | | | | | | | | | | |
| 15 | 月 | | | | | | | | | | | | | |
| 16 | 火 | | | | | | | | | | | | | |
| 17 | 水 | | | | | | | | | | | | | |
| 18 | 木 | | | | | | | | | | | | | |
| 19 | 金 | | | | | | | | | | | | | |
| 20 | 土 | | | | | | | | | | | | | |
| 21 | 日 | | | | | | 卓球・バドミントン 13:15~14:45 | | | | | | | |
| 22 | 月 | | | | | | | | | | | | | |
| 23 | 火 | | | | | | | | | | | | | |
| 24 | 水 | | | | | | | | | | | | | |
| 25 | 木 | | | | | | | | | | | | | |
| 26 | 金 | | | | | | | | | | | | | |
| 27 | 土 | | | | | | | | | | | | | |
| 28 | 日 | | | | | | | | | | | | | |
| 29 | 月 | | | | | | | | | | | | | |
| 30 | 火 | | | | | | | | | | | | | |
| 31 | 水 | | | | | | | | | | | | | |

※8月は裏面

※種目を限定していない時間帯については、卓球・バドミントン・スポンジテニスを開放いたします。

| 8月 | | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
|----|---|------|--------------------------|--------------------------|---------------------------|-------|---------------------------|-------|-------|-------|-------|-------|-------|-------|
| | | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| 1 | 木 | | | | | | | | | | | | | |
| 2 | 金 | | | | | | | | | | | | | |
| 3 | 土 | | | | | | | | | | | | | |
| 4 | 日 | | | | | | | | | | | | | |
| 5 | 月 | | | | | | | | | | | | | |
| 6 | 火 | | | | | | | | | | | | | |
| 7 | 水 | | | | | | | | | | | | | |
| 8 | 木 | | | | | | | | | | | | | |
| 9 | 金 | | | | 卓球・バドミントン 10:30~12:00 | | | | | | | | | |
| 10 | 土 | | 卓球・バドミントン 9:30~11:30 | | | | | | | | | | | |
| 11 | 日 | | | | | | 卓球・スポンジテニス 13:15~14:45 | | | | | | | |
| 12 | 月 | | | | | | | | | | | | | |
| 13 | 火 | | 卓球・スポンジテニス 9:00~10:30 | | | | | | | | | | | |
| 14 | 水 | | | | | | | | | | | | | |
| 15 | 木 | | | | | | | | | | | | | |
| 16 | 金 | | | | 卓球・スポンジテニス 11:30~13:00 | | | | | | | | | |
| 17 | 土 | | | | | | | | | | | | | |
| 18 | 日 | | | | | | | | | | | | | |
| 19 | 月 | | | | | | | | | | | | | |
| 20 | 火 | | | | | | | | | | | | | |
| 21 | 水 | | | | | | | | | | | | | |
| 22 | 木 | | | | | | | | | | | | | |
| 23 | 金 | | | 卓球・バドミントン 10:30~12:00 | | | | | | | | | | |
| 24 | 土 | | | | | | | | | | | | | |
| 25 | 日 | | | | | | | | | | | | | |
| 26 | 月 | | | | | | | | | | | | | |
| 27 | 火 | | | | | | | | | | | | | |
| 28 | 水 | | | | | | | | | | | | | |
| 29 | 木 | | | | | | | | | | | | | |
| 30 | 金 | | | | | | | | | | | | | |
| 31 | 土 | | | | | | | | | | | | | |

貸館・スポーツプラザは変更になる場合がございます。